

ΩMEGA - Atelier Irchel

## The Art of spiritual Guidance

**Atum O’Kane**

Spiritual Guidance is an art, a gift, and a calling. It has been practiced in contemplative traditions throughout the ages as a means of encouraging and supporting spiritual development and personal transformation. In our society there is a deep yearning to return to the essential self, the innate spiritual nature of each of us. The one-on-one intimacy and sharing which is part of spiritual guidance, fosters and encourages the growth of that same relationship with the Divine. This union is what is longed for at the heart of the human experience. Spiritual Guidance is a process that connects the soul with its longing for expression and authenticity

### About the program

The Art of Spiritual Guidance is a 2 year program, where people from different spiritual and religious backgrounds, who have a background in the helping professions and have a longing for deepening their spiritual insights, come together both for their work as for their own development. In the program we study, reflex, experience, share, all in an atmosphere of respect and support.

One of the special gifts of the program is for two years being part of a community of people who are aware of the longings of their soul, and at the same time accept the boundaries of being human.

### Themes

Call and Vocation

Creating a Personal Mythology

Practice and Prayer

God Ideal and God Image

Redeeming the Shadow

Soul as Sacred Image Maker

The Teacher Within

Completion

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## Training in in spiritual guidance

### Letter of application

We appreciate if you would answer the following questions for you application for the program The Art of Spiritual Guidance.

Please send to: [omega@sufismus.ch](mailto:omega@sufismus.ch)

1. Name, address, telephone / e-mail
2. Date of birth
3. What is your experience with meditation, with which spiritual direction are you familiar?
4. What is your professional training?
5. Describe your work-situation
6. Why do you want to participate in the program, what is your motivation, what are your expectations?
7. How do you want to integrate the themes of this program into your life?

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### Spiritual Guidance Training

25-27	March 2011	Call and vocation
20-22	May 2011	Creating a Personal Mythology
2- 4	September 2011	God Ideal and God Image
2- 4	December 2011	Redeeming the shadow

Place: Atelier Irchel, Letzistrasse 23 a/b, 8006 Zürich, Switzerland

Times: Friday 19.00 bis 21.00  
Saturday 10.00 bis 18.00\*  
Sunday 9.30 bis 15.00\* with 1 ½h Lunch break

Language: English with German translation

Cost : For the first four weekends CHF 1600/ € 1000

Reduction for students and people with no incom. Minimum pay: CHF 1200 / € 750

#### Registration:

The registration is for the whole cycle of eight weekends. The number of participants is limited. Your place is guaranteed with the payment of the seminarfee for the first four weekends until latest end of January 2011

to the Post Account OMEGA, M+J. Grieger in Switzerland:

80-66168-1

IBAN CH02 0900 0000 8006 6168 1

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"Spiritual guidance"

or to the bank account in Germany

96008-306, J. Grieger, Zürich

Postbank Hannover, BLZ 250 100 30

„Spiritual guidance“